

# Rediscover Japanese "Abundance"

## 17 days Adventure from Hokkaido to Okinawa

Hokkaido and Okinawa. Located at opposite ends of Japan, these two prefectures are not only surrounded by unique natural environments but also possess distinct cultures that differ from the roots of traditional Japanese culture.

Through an adventure touring these two unique regions, you will rediscover the spiritual and natural 'abundance' that remains in the Japanese countryside.



# Tour Overview



• Day 1~3  
Hokkaido  
Lake Shikotsu

• Day 4~7  
Okinawa  
Yanbaru (Northern Area)

• Day 8~10  
Okinawa  
Kerama Islands

• Day 11~13  
Okinawa  
Central Area

• Day 14~17  
Okinawa  
Yaeyama Islands



# HOKKAIDO LAKE SHIKOTSU

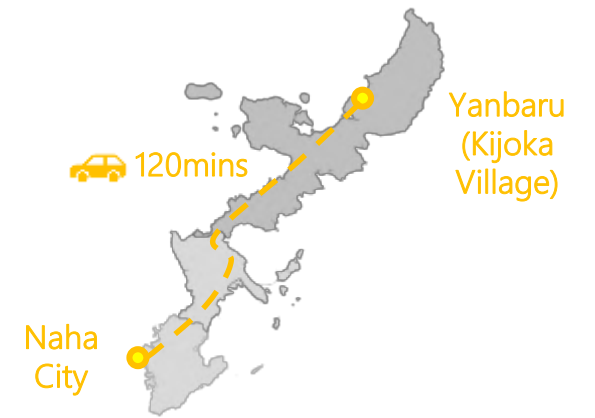
This tour emphasizes the spirituality of people living harmoniously with nature. During stay at Lake Shikotsu, guests explore why it boasts Japan's best water quality. Activities include a visit to the Lake Shikotsu Visitor Center, viewing artworks in a luxurious hotel, and experiencing the region's natural beauty through a guided canoe ride and nature walk.





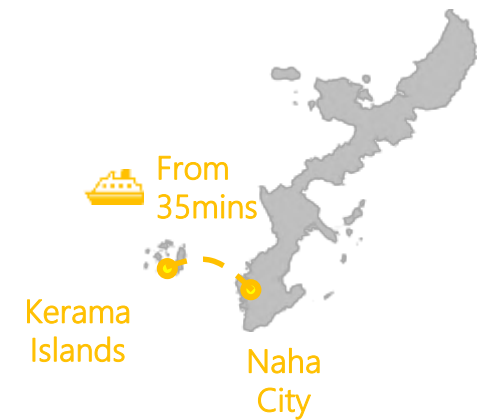
# OKINAWA YANBARU(Northern Area)

"Yanbaru," registered as a World Natural Heritage site in 2021, showcases the deep bond between people, nature, and culture over time. Visitors can witness the villagers' life and their relationship with nature. Immersing in Yanbaru offers an opportunity to experience this harmony and gain new insights.



# OKINAWA KERAMA ISLANDS

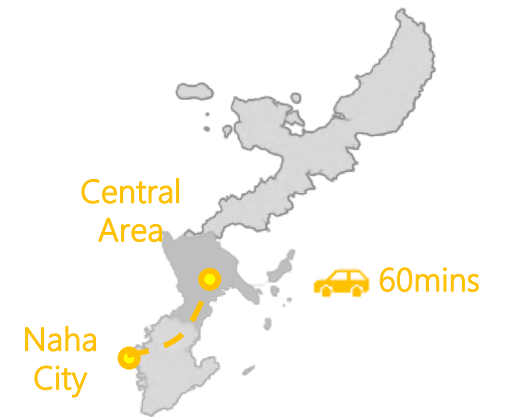
The Kerama Islands in Japan are renowned for their pristine beaches. Yet, 40 years ago, with fewer tourists, life was intertwined with nature. As tourism grew, lifestyles shifted, but many seek harmony with traditions and nature. We hope visitors experience this unique bond between culture and nature.





# OKINAWA Central Area

The "Okinawa Wellness" tour immerses participants in Okinawa's unique "Champloo Culture," encompassing its food, nature, history, and lifestyle. Highlights include hands-on farming, traditional cultural experiences like Eisā dance, and wellness activities. Participants will gain insights into Okinawa's blend of culture and its therapeutic values.





# OKINAWA YAEYAMA ISLANDS

The Yaeyama Islands are known for their biodiversity, highlighted by the World Natural Heritage site, Iriomote Island. The marine region links to the "Coral Triangle", with the Ishigaki reef lagoon representing its rich marine diversity. This place promotes a harmonious coexistence between humans and nature through immersive tours.



# Rediscover Japanese “Abundance” 17 days Adventure from Hokkaido to Okinawa

Length	17 days
Price	From JPY1,280,000 per person
Season	All year
Activity Level	3 ★★☆☆☆
Group Size	Minimum: 2 Maximum: 6
Meeting point	New Chitose Airport
Price includes	<ul style="list-style-type: none"> <li>• English -speaking guide</li> <li>• 16 Nights Accommodation</li> <li>• 16 Breakfasts / 12 Lunches / 16 Dinners</li> <li>• All transport and listed activities</li> <li>• Domestic airfares not included</li> <li>• Taxes (10% Consumption Tax)</li> <li>• Insurance provided by the operator</li> </ul>
Price not included	Personal expenses
Other matters	Please inform us specifically if you have any allergies.



# 17-day Tour overview: Theme, Concept, Story

Tour name	Rediscover Japanese “Abundance” : 17 days Adventure from Hokkaido to Okinawa						
Theme	Experience the spiritual nature of people living with nature						
Tour Concept	Discover new connections (the origin of abundance)						
Tour Story	<p>Japan, once a major economic power, is currently facing many economic challenges and is facing relative poverty. However, this change could be an opportunity for us to reaffirm that material abundance and convenience in developed countries are not the only thing. There have not been glories like the past recently, but it is not all. It may be a path that leads people to the journey of searching for the origins of spiritual abundance and happiness that have been felt since ancient times.</p> <p>This tour will serve as an opportunity to rediscover Japan's abundance from a new perspective and take a step forward toward the future. By experiencing the beautiful nature of Japan, the traditional culture that has continued since ancient times, and the warmth of the community, it will be a journey in which not only material or economical richness but also spiritual and spiritual peace can be achieved.</p>						
Target market	<p>[Target market] Assorted experience type (US, 48-year-old couple, 18-year-old children, 15-year-old children, household income of 20 million yen)</p> <p>※☑ the elements that you want to experience in the tour for the target audience you set.</p> <table><tr><td>☑ Experience of changing views of life</td><td>☑ Experience that you discover the essence of the region</td><td>☐ Discovery and understanding through a lot of experiences</td></tr><tr><td>☐ ボックスChallenging experience</td><td>☐ Environment where people can feel the extraordinary</td><td>☐ Accommodation and food that feel the local characteristics</td></tr></table>	☑ Experience of changing views of life	☑ Experience that you discover the essence of the region	☐ Discovery and understanding through a lot of experiences	☐ ボックスChallenging experience	☐ Environment where people can feel the extraordinary	☐ Accommodation and food that feel the local characteristics
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# 17-day Tour overview: Itinerary


	Day1	Day2	Day3	Day4	Day5	Day6	Day7	Day8	Day9	Day10	Day11	Day12	Day13	Day14	Day15	Day16	Day17
<b>Area</b>	Hokkaido Lake Shikotsu			Okinawa Yanbaru(North Area)				Okinawa Kerama Islands			Okinawa Central Area			Okinawa Yaeyama Islands			
<b>Tour name</b>	A winter tour enjoying the nature and formation of the national park shaped by volcanoes and water			A tour to find "Ikigai" of Yanbaru, which is connected beyond time				A tour of Island-hopping in Kerama Islands, savor the national park's views and nature-aligned lifestyle			A tour to Cnnect with Okinawa's Locals: Embracing the Wellness of Chanpuru Culture			A tour to Explor Pristine Island Nature of Iriomote and Traditional Ways of Life			
<b>activity</b>	<ul style="list-style-type: none"> <li>• Lake Shikotsu Visitor Center</li> <li>• Moss Corridor Tour</li> <li>• Lake Shikotsu Winter Cruising</li> <li>• Woodcraft using timber from national forests</li> </ul>			<ul style="list-style-type: none"> <li>• Orientation in Okinawa</li> <li>• Nature tour of the Yanbaru Miracle Forest</li> <li>• Stroll through Kijoka Village</li> <li>• Tour of craft shops in Kijoka Village</li> <li>• Sanshin performance by the children</li> <li>• Kijoka Lion Dance performance</li> <li>• Local cuisine of "The Blue Zone"</li> </ul>				<ul style="list-style-type: none"> <li>• e-Bike Tour</li> <li>• Mūchī making</li> <li>• Shell ginger craftwork</li> <li>• Uninhabited Island Hopping</li> <li>• Adan Leaf Crafts</li> </ul>			<ul style="list-style-type: none"> <li>• KarateBics(Karate+Aerobics)</li> <li>• Wellness University</li> <li>• Farm visit</li> <li>• Koza town Exploring</li> <li>• Eisa dance experience</li> <li>• Okinawan folk song izakaya</li> <li>• Bar hopping</li> </ul>			<ul style="list-style-type: none"> <li>• Iriomote Wildlife Conservation Center</li> <li>• Island song night cruise</li> <li>• Trekking towards a waterfall (Urauchi River)</li> <li>• Beach cleanup</li> <li>• Traditional wooden boat "Sabani" (without sails) ride</li> <li>• Farewell Party</li> </ul>			





# 17-day Tour Overview: Schedule Highlights

Tour name	Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Hokkaido]
Inquiry and Precautions [17-day tour]	
Tour name	Rediscover Japanese “Abundance” : 17 days Adventure from Hokkaido to Okinawa
Organizer/Event Provider	Tobu Top Tours Co., Ltd. Okinawa Branch
Duration	16 nights, 17 days
Age range	12 to 60 years old. *Please consult if you wish to participate outside the age range.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	Recommended height for e-Bike is 153cm or taller. The standards for activities and transportation are based on each company's regulations.



Tour Journey			Intention to experience each journey
Day 1	13:00 Arrival at New Chitose Airport - Meeting with the guide Transfer by private vehicle (~30km, ~40 minutes) 14:00 Lake Shikotsu Visitor Center ~15:00 Guide: Mr. Yukimasa Miyakawa from "Yukkurism Hokkaido" 15:30 Check-in at Shikotsu Tsuruga Bessou Ao no Za 15:30 Free time for leisure and exploring the surroundings at the hotel ~18:00 18:00 Dinner: Hotel (Kaiseki cuisine at Mizu Shiro)		<p>The overall theme of the tour is "Experiencing the spirituality of people living in harmony with nature." Over a 3-night, 4-day itinerary, the theme for the first and second days focused on Lake Shikotsu is "Why is the water quality the best in Japan? Delving into its background."</p> <p>Guests will meet the guide at New Chitose Airport and have an ice-breaking session during transit. The first destination is the "Lake Shikotsu Visitor Center," where visitors will learn about the region's geography, flora, and fauna.</p> <p>The hotel showcases artworks by the sculptor Masamitsu Takiguchi, who was based near Lake Akan. Guests can relax in a luxurious suite, and during dinner, the guide joins to explain the purpose of the tour and to deepen the connection with the guests.</p> <p>A total of four types, 25 private villas, have a Lake View. All rooms have a open-air bath.</p>
	Transportation	Private vehicle (e.g., Jumbo Hiace)	
	Accommodation	Shikotsu Tsuruga Bessou Ao no Za	

# 17-day Tour Overview: Schedule Highlights




Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Hokkaido]	
Tour Journey		Intention to experience each journey	
Day 2	9:00 ~11:30	Breakfast: Hotel Moss Corridor Tour	The theme for the second day of the tour continues to be, "Why is the water quality the best in Japan? Exploring its background."  At the Kaedesawa Nature Walk, we will spend time with the theme of "Experiencing the land created by the volcano." Kaedesawa is a basin-shaped valley formed by the erosion of pyroclastic flow deposits from the eruption of the active volcano, Tarumae Mountain. Through the guide's storytelling and walking in Kaedesawa, participants can feel the history and formation of this land.
	13:30 ~16:00	Lunch: Local Chip (Rainbow Trout) Cuisine in Town at Shikotsuso Tour to Nanajo Otaki Waterfall and Icefall  Dinner: Hotel	
	Transportation	Private vehicle (e.g., Jumbo Hiace)	
	Accommodation	Shikotsu Tsuruga Bessou Ao no Za	
Tour Journey		Intention to experience each journey	
Day 3	10:00 ~11:30	Breakfast: Hotel Lake Shikotsu Winter Cruising (Enjoying the caldera lake and its columnar joint formations)	Experience canoe cruising on Shikotsu Lake with a guide from "Shikotsu Guide House Kanoa", a guide company located by the lake. Through the views from the canoe and the guide's storytelling, you'll realize that despite being in close proximity to urban areas like Chitose and Sapporo, the surroundings of Shikotsu Lake are less developed compared to other lakes and are enveloped by forests. By experiencing this, you'll delve into the question, "Why is the water of Shikotsu Lake so clear?" In the evening and onwards, you can relax at the hotel where you're staying for consecutive nights. Furthermore, "Kanoa" itself is actively engaged in environmental conservation activities in the Shikotsu Lake region. This offers an opportunity to connect with the stories of people who understand the value of pristine nature and work towards preserving it.
	13:30 ~15:00	Lunch Woodcraft using timber from national forests	
	15:30	Return to the hotel, free time Dinner: Hotel	
	Transportation	Persopnal car (Limousine taxi etc.)	
	Accommodation	Shikotsu Tsuruga Bessou Ao no Za	



# 17-day Tour Overview: Schedule Highlights



Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Yanbaru]	
Tour Journey		Intention to experience each journey	
Day 4	8 : 45	Breakfast: Hotel Transfer (New Chitose Airport to Haneda Airport to Naha Airport, e.g., JAL departure at 8:45) Lunch: On your own during the journey (participants' expense)	Yanbaru is home to rare creatures, including the Okinawan rail (Yanbaru Kuina), which are of global significance. Accompanied by a specialist guide, you will walk and observe these creatures while listening to their explanations. Additionally, you'll learn about the value of Yanbaru as a World Natural Heritage site and connect with the sentiments of the people who have been preserving this precious land.
	14:10	Arrival in Naha	
	15:00	Orientation in Okinawa @ Shuri Castle	
		Transfer to the northern part	
18:00	Hotel check-in		
18:00	Dinner: Kunigami Port Diner		
			
Transportation	Airplane and company car (planned for purchase)		
Accommodation	Nanmei Shinshitsu Nakamon or Nakafukuya		
Tour Journey			
Day 5	9:00	Breakfast: Hotel	
		Exclusive guided nature tour of the Yanbaru Miracle Forest	
	12:00	Lunch: Guided based on participants' requests (participants pay locally)	
		Explore the village on your own or relax	
PM	Our Sherpa can suggest recommended activities through dialogue		
	Dinner: Guided based on participants' requests (included in the travel cost)		
			
Transportation	Rental cars, taxis, etc.		
Accommodation	Nanmei Shinshitsu Nakamon or Nakafukuya		

# 17-day Tour Overview: Schedule Highlights


Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Yanbaru]	
Tour Journey		Intention to experience each journey	
Day 6		Breakfast: Hotel 9:00 Stroll through Kijoka Village 12:00 Lunch: Guidance according to the client's request (participants pay on site) PM Tour of craft shops in Kijoka Village 13:00 Visit to the Bashofu Hall 14:00 Tour of the Yanbaru Sake Brewery 15:00 Making a "Maas" bag at Yanbaru Craft Shop 18:00 Dinner: Haikei BBQ (included in the travel cost) Sanshin performance by the children of Yanbaru Kijoka Lion Dance performance	 <p>The purpose of the village tour is to convey the rules and lifestyles of the community for those staying in Yanbaru. Additionally, by utilizing all five senses, we will delve into the village known for concepts like "The Blue Zone" and "Ikigai", seeking the underlying answers. This village tour serves as an introduction that enhances the narrative of the itinerary.</p> <p>During the craft shop tour starting at 1 pm, we will explain the "Blue Zone" keywords through the lens of weaving, sake, and crafts, all in line with our overarching story. At 3 pm, in a craft shop, participants will create Maas bags, receiving the metaphorical baton from Hokkaido and passing it on. At the Basho-fu Pavilion visit at 1 pm, attendees will experience the Basho-fu fabric firsthand, feeling the tradition of weaving that spans 500 years. During the BBQ dinner, guests will enjoy the warm subtropical breeze, engage in conversations with a Haikei Meister, and savor Yanbaru's traditional dish, retired chicken. For entertainment, they will watch popular performances from the local traditional event "Ho-nen Festival", such as Sanshin musical performances by local children and the lion dance of Kijoka, fully immersing in a banquet of traditional arts.</p>
	Transportation	Company car (planned for purchase)	
	Accommodation	Nanmei Shinshitsu Nakamon or Nakafukuya	
Tour Journey		Intention to experience each journey	
Day 7		Breakfast: Hotel (included in accommodation cost) 10:00 Participation in the village's day service (If day service is unavailable, experience local cuisine) Lunch: "Emi no Mise" (If day service is unavailable, local cuisine) Transfer from the northern part to Naha Tomari Port 16:00 Depart from Tomari Port 16:40 Arrival at Tokashiki Port 18:30 Dinner: Hotel	  <p>Starting at 10 am, we will participate in the village's day service. We will listen to stories from local elderly women over 90 years old, reflecting on the essence of "The Blue Zone" and "Ikigai". During lunch, we'll introduce participants to the concepts of "The Blue Zone" through the medium of food.</p>
	Transportation	Private vehicle (such as a jumbo taxi) & ferry.	
	Accommodation	Tokashiku Marine Village	







# 17-day Tour Overview: Schedule Highlights

Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Kerama Islands]	
Tour Journey		Intention to experience each journey	
Day 8	AM PM	Breakfast: Hotel e-Bike Tour Lunch: Lunch box during e-Bike tour (sandwich, rice ball bento) Mūchī making and shell ginger craftwork Dinner: Hotel Night Tour  	<p>Tokashiki Island has been chosen as the gateway to island hop the Kerama Islands. This island boasts a location from which one can have a panoramic view of both the main Okinawa Island and the other islands of the Kerama archipelago, creating a sense of anticipation at the start of the journey. During the e-Bike tour, visitors can observe rice cultivation and farming activities. Although it's a tourist destination, one can still get a feel for the grounded everyday life of the locals.</p> <p>Along the way, during the Okinawan sweet-making (Mūchī) experience, visitors can directly interact with locals and enjoy the taste of tradition. One will notice the calm atmosphere and the unhurried passage of time, feeling the contrast with urban life.</p>
	Transportation	Private Vehicle	
	Accommodation	Tokashiku Marine Village	Prime location with fully equipped amenities.
Tour Journey		Intention to experience each journey	
Day 9	AM PM	Breakfast: Hotel Transfer to Zamami Island e-Bike Tour Uninhabited Island Hopping Lunch: Lunchbox on the uninhabited island Dinner: Hotel	<p>Begin your exploration of the famous Zamami Island with e-Bike cycling along its beautiful beaches. After visiting scenic viewpoints, the day's highlight awaits: uninhabited island hopping by boat. Many of Okinawa's remote islands were once impoverished, and it is said that these uninhabited islands were used as fields for planting crops in the past. Imagining such a way of life, you will develop a stronger appreciation for preserving the stunning natural surroundings.</p>
	Transportation	Private vehicle, charter boat, and shuttle car.	
	Accommodation	Oceana Port Village	Prime location with fully equipped amenities.

# 17-day Tour Overview: Schedule Highlights





Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Kerama Islands]	
Tour Journey		Intention to experience each journey	
Day 10	AM PM	Breakfast: Hotel Transfer to Aka Island e-Bike Island Tour Lunch: Local restaurant on Aka Island Adan Leaf Crafts Transfer to Zamami Island Dinner: Local restaurant on Zamami Island 	The highlight on Aka Island is the traditional craft experience using Adan leaves, taught by those who have inherited the technique. Once a major export item from Okinawa, the Panama hat gradually fell out of favor, but stories of its revival capture the essence of a time when life was closely intertwined with nature. Here, you'll appreciate how exquisite hats and crafts are made from natural plants. This experience reminds visitors of the balance between human life and nature.
	Transportation	Private Vehicle	
	Accommodation	Oceana Port Village	Prime location with fully equipped amenities.
Tour Journey		Intention to experience each journey	
Day 11	10:00 11:10 PM	Breakfast: Hotel Transfer (Hotel to Zamami Port) High-speed ferry "Queen Zamami" Arrival at Tomari Port Lunch: On your own Free time in Naha Transfer to the central area Dinner: Hotel	Stroll through the tranquil village in the morning, immerse yourself in the afterglow of the journey, and bid farewell to the people you've met, all while savoring the delightful atmosphere of island travel as you conclude your journey.
	Transportation	Shuttle car and high-speed ferry.	
	Accommodation	Kurashi no Hakkou	

# 17-day Tour Overview: Schedule Highlights


Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Okinawa Central Area]	
Tour Journey		Intention to experience each journey	
Day 12	Early Morning	KarateBics(Karate+Aerobics)  10:00 Wellness University (Classroom session) 12:00 Lunch: Lunch buffet at the hotel 14:00 Farm visit (including vegetable harvesting, herbal tea experience, and interaction with goats) 17:00 Return to the hotel  	
	Transportation	—	
	Accommodation	Kurashi no Hakkou	
		Building upon the Blue Zone experience in Yanbaru, you'll continue to explore and experience wellness. During the farm visit, you'll have the opportunity to harvest vegetables, brew freshly picked herbal tea, and feed cute goats with your own hands. At the accommodation with a focus on Wellness, Fermentation Power, and Healing as its concept, you'll immerse yourself in the ultimate relaxation. It provides a dedicated space for each individual to reflect on their own well-being and a healthy, happy lifestyle for both mind and body.	
		A hotel practicing wellness tourism.	
Tour Journey		Intention to experience each journey	
Day 13	10:00	Breakfast: Hotel Salt-making experience (filling the Maas bags made in Yanbaru) 12:00 Explore Koza Town with "Hoshi no Tane" 14:00 Dinner: Okinawan folk song izakaya Return to the hotel 18:00 (Optional) Bar hopping 21:00  	
	Transportation	Car	
	Accommodation	Kurashi no Hakkou	
		We will delve deeper into the relationship between Okinawa's nature and health. Through the experience of making natural salt, you will learn about the blessings of Okinawa's sea. Additionally, you will fill the Maas bags made in Yanbaru with the Maas (salt) you created during the experience, creating a connection to your journey. In the afternoon, you will have the opportunity to interact with the local youth association through Koza's "chanpuru" culture and Eisa dance.	



# 17-day Tour Overview: Schedule Highlights

Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Yaeyama Islands]	
Tour Journey		Intention to experience each journey	
Day 14	AM	<p>Area transfer Arrival at Ishigaki Airport Transfer by private vehicle (30 minutes) Travel to Iriomote Island</p>   <p>Visit to Iriomote Wildlife Conservation Center Hotel check-in Island song night cruise Dinner: Italian &amp; island cuisine featuring local ingredients by a local owner, accompanied by live sanshin performance.</p>	Exploring the facility to gain an overview of the entire area, including the background of biodiversity and conservation efforts for the endangered Iriomote wildcat.
	Transport ation	Airplane, Private vehicle (Jumbo taxi assumed), Regular ferry	
	Accommo dation	Iriomote Island / Iriomote Hotel	A nature-centric accommodation in the UNESCO World Heritage site of Iriomote, designed with SDGs in mind.
Tour Journey		Intention to experience each journey	
Day 15		<p>1 Day Trip on Iriomote Island</p> <p>Breakfast: Buffet at the hotel (Boxed breakfast available for beach) Private vehicle/bicycle transportation - From the river to the forest, trekking towards a waterfall (Urauchi River) - Beach cleanup along the way Lunch: Homemade bento by local residents Dinner: Buffet at the hotel (featuring dishes with mangrove crab and Ryukyu wild boar) Optional: Lecture content available at the hotel</p>  	<p>Venture deep into the forest of Iriomote Island, a UNESCO World Heritage site, where you can immerse yourself in an experience that allows you to feel the intimate relationship between the river, the forest, and the sea. Learn about the natural cycle where minerals from the forest are carried by the river to nourish the sea, where rainwater becomes groundwater and springs, and where mangrove rivers flow into the ocean.</p> <p>Through this content that enables you to experience the environment of the estuarine area connected to the sea, the subtropical forest surrounding the river's source, you will gain a stronger sense of the water cycle and the continuous cycle of the natural world and ecosystems. It's a unique opportunity for a deeply immersive experience in the awe-inspiring subtropical environment.</p>
	Transport ation	Private vehicle (Jumbo taxi assumed), walking, boat, E-Bike	
	Accommo dation	Iriomote Island / Iriomote Hotel	

# 17-day Tour Overview: Schedule Highlights

Tour name		Rediscover Japanese “Abundance” :17 days Adventure from Hokkaido to Okinawa [Yaeyama Islands]	
Tour Journey		Intention to experience each journey	
Day 16	AM	<div>1 Day Trip in the Oku-Iriomote area of Iriomote Island</div> <div>Breakfast: Buffet at the hotel Private vehicle/bicycle transportation</div> <div></div> <div>Traditional wooden boat "Sabani" (without sails) ride from the sea to the river and then into the mangrove area (experience walking in the mangrove environment) Vegetable harvesting at a local farm Dinner: Farewell Party BBQ at Shirahama Public Hall (featuring dishes with Ryukyu wild boar and local fish) Screening of travel videos and photos using a large screen</div>	<div>This content is designed to provide a deeper understanding of the water cycle, the environment of rivers leading to the sea, and the estuarine ecosystems, allowing you to connect more strongly with the natural world and the cycle of ecosystems. Additionally, it sheds light on the issue of vast marine debris existing in these waters, similar to how posts and boats carried by the tsunami in Tohoku years ago drifted all the way to Yaeyama due to the influence of the subtropical circulation and the Kuroshio Current. This issue is one of the reasons why the people of Yaeyama keenly feel the global trends, and it's a fact that we hope visitors to this area will take to heart. (A beach cleanup will be conducted during the itinerary.)</div>
	Transportation	Airplane, Private vehicle (Jumbo taxi assumed), Regular ferry	
	Accommodation	Iriomote Island / Iriomote Hotel	
Tour Journey		Intention to experience each journey	
Day 17		<div>Transfer to Ishigaki Island (Uehara Port to Ishigaki Port) Breakfast: Buffet at the hotel</div> <div>Transfer: Move to Ishigaki Island (Yaeyama Kanko Ferry)</div>	<div>On the final day, there are no set activities. In the morning, you can leisurely reflect on your journey while enjoying the beach, pool, secluded spots in the forest, or other amenities available at the hotel. For those who want to stay active, there are early morning tours available (such as SUP, canoeing, yoga, etc.). In the afternoon, you will return to Ishigaki Island and explore the city area, where you can catch a glimpse of modern life.</div>
	Transportation	Transfer bus, high-speed ferry, private vehicle	
	Accommodation	—	

# Hokkaido 4-day Tour overview

Inquiry and Precautions [Hokkaido]	
Tour name	HOKKAIDO – LAKE SHIKOTSU NATURE WALK 4-DAY TOUR
Course & Event Details ①	<p>Day 1:  AM: Transfer  PM:  Arrival at New Chitose Airport/Meet with guide  Visit Lake Shikotsu Visitor Center  3:30 pm Hotel Check-in, walk around the area  Dinner: Hotel (Kaiseki Cuisine@Mizushiro)  Accommodation: Lake Shikotsu Tsuruga Bessou Ao no Za</p> <p>Day 2:  AM:  Breakfast: Hotel  Moss Corridor Tour  Lunch: Town's Tip (Himemasu) Dish@Shikotsu Lodge  PM:  Aim for the ice waterfall of Shichijo Otaki Tour  Dinner: Hotel  Accommodation: Lake Shikotsu Tsuruga Bessou Ao no Za</p>
Course & Event Details ②	<p>Day 3:  AM:  Breakfast: Hotel  Lake Shikotsu Winter Cruising  Lunch  PM:  Woodcraft using the lumber of state-owned forests  3:30 pm Return to the hotel, free time  Dinner: Hotel  Accommodation: Lake Shikotsu Tsuruga Bessou Ao no Za</p> <p>Day 4:  AM:  Breakfast: Hotel  Transfer</p>
Organizer/Event Provider	Hokkaido Treasure Island Travel Inc.
Duration	3 nights, 4 days
Age range	From 12 years old
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	The standards for activities and transportation are based on each company's regulations.



# Yanbaru 4-day Tour overview

Inquiry and Precautions [Yanbaru]	
Tour name	A tour to find "IKIGAI" in Yanbaru that connects beyond time
Course & Event Details ①	<p>Day 1: PM: Hotel check-in at 15:00 Exploring the Kijoka village Dinner: Kunigami Port Diner Accommodation: Yanbaru Hotel Nanmei Shinshitsu</p> <p>Day 2: AM: Breakfast at the hotel Nature guide day tour of "Miracle Forest Yanbaru" with a dedicated guide Lunch: Arranged according to guest requests PM: Touring craft shops in the Kijoka village Visiting the Bashofu Hall Touring the Yanbaru Sake Brewery Maas bag making experience at the Yanbaru Craft Shop Dinner: Haikēi BBQ w/ San-Shin performance by Yanbaru children &amp; Kijoka lion dance Accommodation: Yanbaru Hotel Nanmei Shinshitsu</p>
Course & Event Details ②	<p>Day 3: AM: Breakfast at the hotel Participating in the village day service Lunch: Emi no Mise PM: Dinner: Local cuisine experience Stay: Yanbaru Hotel Nanmei Mori Room</p> <p>Day 4 AM: Breakfast at the hotel *Note: Guests are free to depart as some might need time for travel.</p>
Organizer/Event Provider	Yanbaru Hotel Nanmei Shinshitsu
Duration	3 nights, 4 days
Age range	From 12 years old. *Please consult if you wish to participate outside the age range.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	The standards for activities and transportation are based on each company's regulations.

# Kerama Islands 4-day Tour overview

Inquiry and Precautions [Kerama Islands]	
Tour name	A tour of Island-hopping in Kerama Islands, savor the national park's views and nature-aligned lifestyle
Course & Event Details ①	<p>Day 1:</p> <p>AM:</p> <p>Move to Tokashiki Island (Ferry departs at 9:00 and arrives at 9:40)</p> <p>e-Bike Tour</p> <p>Lunch: Lunchbox during e-Bike tour (Sandwich, rice ball bento)</p> <p>PM:</p> <p>Muuchii making and shell ginger crafting</p> <p>Dinner at the hotel</p> <p>Night tour</p> <p>Accommodation: Tokashiku Marine Village</p> <p>Day 2:</p> <p>AM:</p> <p>Breakfast at the hotel</p> <p>Move to Aka Island</p> <p>e-Bike island tour</p> <p>Lunch at a restaurant on Aka Island</p> <p>PM:</p> <p>Adan leaf crafting</p> <p>Move to Zamami Island</p> <p>Dinner at a restaurant in Zamami</p> <p>Accommodation: Oceana Port Village</p>
Course & Event Details ②	<p>Day 3:</p> <p>AM:</p> <p>Breakfast at the hotel</p> <p>e-Bike Tour</p> <p>PM:</p> <p>Deserted island hopping</p> <p>Lunch: Lunchbox on the deserted island</p> <p>Dinner: Farewell Party (Island Power)</p> <p>Accommodation: Oceana Port Village</p> <p>Day 4:</p> <p>AM:</p> <p>Breakfast at the hotel</p> <p>Move to Zamami Port</p> <p>Move to Tomari Port (High-speed boat "Queen Zamami" departs at 10:00 and arrives at 11:10)</p> <p>Lunch in Naha</p>
Organizer/Event Provider	Sunny Coral LLC
Duration	3 nights, 4 days
Age range	12 to 60 years old.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	<p>The e-Bike tour has a maximum capacity of 6 people.</p> <p>The recommended height for the e-Bike is 153cm or taller.</p> <p>The standards for activities and transportation are based on each company's regulations.</p>

# Okinawa Central Area 4-day Tour overview

Inquiry and Precautions [Okinawa Central Area]	
Tour name	A tour to Connect with Okinawa's Locals: Embracing the Wellness of Chanpuru Culture
Course & Event Details ①	<p>Day 1:</p> <p>AM: Transfer</p> <p>PM:</p> <ul style="list-style-type: none"> <li>• Wellness University (Lecture)</li> <li>• Farm Tour (Vegetable Harvesting, Herb Tea Experience, Playing with Goats)</li> <li>• Dinner: At Hotel</li> </ul> <p>Accommodation: Kurasshi no Hakkou</p> <p>Day 2:</p> <p>AM:</p> <ul style="list-style-type: none"> <li>• Early Morning Karate Exercise</li> <li>• Breakfast: At Hotel</li> <li>• Cycling</li> <li>• Lunch: Takkoku Rice Set Meal at Hama Higa Island</li> </ul> <p>PM:</p> <ul style="list-style-type: none"> <li>• Salt Making Experience</li> <li>• Ingredient Hunting at Uru Marche</li> <li>• Dinner: Cooking Experience with Okinawan Ingredients (Inviting a Ryukyu cuisine expert, learn the connection between Hokkaido and Okinawa by making Kuubuirichii and using kelp)</li> </ul> <p>Accommodation: Kurasshi no Hakkou</p>
Course & Event Details ②	<p>Day 3:</p> <p>AM:</p> <ul style="list-style-type: none"> <li>• Breakfast: At Hotel</li> <li>• Cycling to Koza in Okinawa City</li> <li>• Walking Tour in Koza (Including History Street)</li> <li>• Lunch: Hoshi no Tane</li> </ul> <p>PM:</p> <ul style="list-style-type: none"> <li>• Eisa Hall (Sanshin Performance &amp; Eisa Experience)</li> <li>• Eisa Experience (Youth Group)</li> <li>• Dinner: Okinawan Folk Song Izakaya</li> <li>• (Optional) Koza Night, Senbero, Clubbing</li> </ul> <p>Stay: Kurasu no Hakkou</p> <p>Day 4:</p> <p>AM/PM:</p> <ul style="list-style-type: none"> <li>• Breakfast: At Hotel</li> <li>• Relax after Breakfast</li> <li>• Relaxation (Choose from the Menu)</li> <li>• Lunch: At Hotel</li> </ul>
Organizer/Event Provider	Okinawa Cycle Tourism Association
Duration	3 nights, 4 days
Age range	From 12 years old. *Please consult if you wish to participate outside the age range.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	The standards for activities and transportation are based on each company's regulations.



# Yaeyama Islands 4-day Tour overview

Inquiry and Precautions [Yaeyama Islands]	
Tour name	A tour to Explor Pristine Island Nature of Iriomote and Traditional Ways of Life
Course & Event Details ①	<p>Day 1:</p> <p>AM:</p> <p>Arrival at Ishigaki Airport/Travel by private car (30 min)/Transfer to Iriomote Island (High-speed ferry departs Ishigaki Port at 11:30 AM and arrives at Ohara Port at 12:10 PM). Lunch: Boxed lunch.</p> <p>PM:</p> <p>Visit Iriomote Wildlife Protection Center Enjoy a Sundowner at Tudumari Beach (Tsukigahama) Dinner: Island Italian &amp; local cuisine by a local owner, with a live Sanshin performance Night island song cruise. Accommodation: Iriomote Hotel</p> <p>Day 2: Iriomote Island 1 Day Trip</p> <p>AM/PM:</p> <p>Breakfast at the hotel buffet (Box for beach option available) Travel by private car or bicycle Trek from the river to the forest aiming for a waterfall (Urauchi River) + 1 bag beach clean Lunch: Homemade bento by locals Dinner at the hotel buffet (with Mangrove Crab and Ryukyu wild boar dishes) Optional lecture content available at the hotel. Accommodation: Iriomote Hotel</p>
Course & Event Details ②	<p>Day 3: Iriomote Island (Inner Western area) 1 Day Trip</p> <p>AM:</p> <p>Breakfast at the hotel buffet Travel by private car or bicycle Experience the traditional wooden boat Sabani (without sails) from the sea to the river, leading to the mangroves (Experience the environment by walking in the mangrove area) Lunch: Boxed lunch</p> <p>PM:</p> <p>Harvest vegetables for dinner at the farm Dinner at Shirahama Community Center BBQ (with Ryukyu wild boar and local fish dishes) Farewell Party with a screening of trip videos and photos on a big screen. Accommodation: Iriomote Hotel</p> <p>Day 4: Transfer to Ishigaki Island (Ohara Port to Ishigaki Port)</p> <p>AM:</p> <p>Breakfast at the hotel buffet Transfer to Ishigaki Island *If departing from Uehara Port: Hotel shuttle (from the hotel at 11:30 AM to Uehara Port ??), Uehara Port departs at 12:30 PM (arrives at Ishigaki Port at 1:30 PM) *If Uehara Port is not operating: Hotel shuttle (from the hotel at 10:30 AM to Ohara at 11:30 AM), Ohara Port departs at 12:30 PM (arrives at Ishigaki Port at 1:30 PM) Lunch: Ishigaki beef Yakimiku lunch (a proud island brand also served at the summit). PM Explore the city (markets, museums, etc.) Depart for Tokyo (or other international airports) around 7:00 PM from ISG AP, arriving around 10:00 PM at HND/NRT AP.</p>
Organizer/Event Provider	Blue Moon & Co.
Duration	3 nights, 4 days
Age range	12 to 60 years old. *Please consult if you wish to participate outside the age range.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	The standards for activities and transportation are based on each company's regulations.

# Battle Sites 4-day Tour overview

Inquiry and Precautions [Battle Sites]	
Tour name	Experiencing Okinawa War Through All Five Senses – The Journey to Relive Okinawa
Course & Event Details ①	<p>Day 1: Naha Area  AM: Transfer (Note: Main mode of transportation in the PM is cycling)  PM:  Renting a bicycle  Visiting the Shuri Castle and Army Command Bunker  (Gaining basic knowledge about the Battle of Okinawa)  Dinner: At the hotel  Accommodation: Okinawa Traditional House Nanatsuboshi</p> <p>Day 2: Naha Area  AM:  Breakfast: At the hotel  Visiting the Navy Command Bunker  Lunch: In downtown Naha  PM:  Visiting the Sugar Loaf Battle Monument at Omoromachi  Dinner: Bar hopping in Sakaemachi  Accommodation: Okinawa Traditional House Nanatsuboshi Inn</p>
Course & Event Details ②	<p>Day 3: Naha Area (Rest Day)  AM:  Breakfast: At the hotel  Free time/walking around the public market area  Lunch: Individual free time  PM:  Cycling towards the southern part  Free time at Hyakuna Beach  Dinner: At the hotel  Accommodation: Hyakuna Garan</p> <p>Day 4: Southern Area  AM:  Breakfast: At the hotel  Changing into wartime clothing and experiencing cave life  Lunch: Cooking rice in a mess tin in the cave, experiencing wartime meals  PM:  Learning wartime stories at Himeyuri Tower</p>
Organizer/Event Provider	Tobu Top Tours Co., Ltd. Okinawa Branch
Duration	3 nights, 4 days
Age range	From 12 years old. *Please consult if you wish to participate outside the age range.
Languages Supported	Japanese & English
Inquiry	Tobu Top Tours Co., Ltd. Okinawa Branch
Inquiry mail address	<a href="mailto:at_okinawa@tobutoptours.co.jp">at_okinawa@tobutoptours.co.jp</a>
Others (Precautions)	The standards for activities and transportation are based on each company's regulations.

# Communication protocol during an accident

